

Vatsalya International School- Borsad

Dear Parents,

Few days of lock-down was manageable. I am sure the pressure of looking after the kids must be growing harder now with some of you. You may be looking for some online activities from school. Indeed, I am happy to do it with my able team but I would like to share something else here. Kids may be wondering about this fearful situation which the History of the universe has not seen. They understand the tension all over. Young children being locked indoor is not so easy for them.

As the days pass, parents may be able to find unintentional behavioral problems with kids. Anger, meltdowns and oppositional behavior will be some of them.

What the parents can do is to show more love, provide comforts & confidence. Be involved with kids in baking cookies, cooking, housekeeping, business planning & calculations, together play board games, coloring, painting, together preparing some scientific projects, together watching some movies, together reading some religious books, storytelling, sharing your own life experiences, old/current riddles, solving Rubik's cube puzzles and do not forget to snuggle under blankets and do nothing(fun). Still if time permits, prepare some worksheets on previous classes.

Right now their mental health is more important than their academic skills. When they return, school will take care of their learning losses.

Please-please do not leave your kids and engage yourself with serials, mobile, etc.

Remember, their experience at this time with you will be their sweetest memories for ever.

Stay indoors, Stay healthy and do not panic.

Principal